

In case any of the following symptoms develop, stop using the medication and inform us immediately about the condition

Name: \_\_\_\_\_

Date: \_\_\_\_\_

It is important that you use your medication within \_\_\_\_\_

☐ INH \_\_\_\_\_

☐ \_\_\_\_\_

- Chronic loss of appetite
- Nausea
- Vomiting
- Dark urine (tea or coffee color)
- Yellowish eyes
- Yellowish skin
- Rash and itching
- High fever
- Blurred vision
- Loss of sensation or numbness in the toes
- Any unusual signs

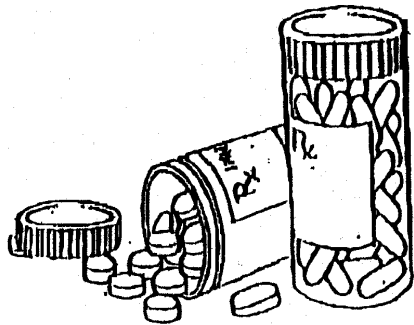


### 1. What is Tuberculosis Disease?

Tuberculosis is a lung disease. The cause of this disease is a kind of microbe. Tuberculosis has two stages: The first stage is a dormant (latent) stage. It means that the tuberculosis microbe has entered the body. Most people who carry this microbe in their body, possibly (most likely) never develop the tuberculosis disease.

But some people enter the second stage, which means they progress to the disease. This stage may not occur immediately after the first stage or the dormant stage, but may occur several years after the microbe has entered the body. The tuberculosis disease very often damages the lungs.

Signs of tuberculosis are coughing, fever, loss of body weight, sweating at night, and sometimes cough with bloody sputum. It is not necessary that all these signs appear in persons with the disease (2<sup>nd</sup> stage).

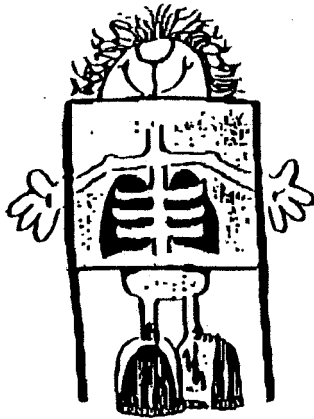


California Tuberculosis Controllers Association  
with assistance of the California Department of  
Health Services

FARSI  
CLASS II

**2. How do I know that I am infected with Tuberculosis?**

A skin test can determine whether you have been exposed to the microbe. A positive skin test confirms that the microbe has entered your body and you are in stage 1 (dormant).



**3. How does tuberculosis disease spread?**

Persons with TB disease through cough spread tuberculosis microbe in the air. People nearby get infected (exposed) by the microbe by breathing (or inhaling) the contaminated air. Tuberculosis is usually spread by contact with family members, friends, and coworkers.

That is why it is extremely important that when persons with TB disease cough or sneeze that they cover their mouth.

Tuberculosis disease does not spread by clothing, dishes, or bed sheets.

**Please cover your  
mouth when coughing**

**4. Is there any protection against the disease? (Is tuberculosis preventable?)**

If the microbe has entered your body (if you have been infected with the microbe), it is possible that you may contract tuberculosis. The disease may appear immediately after infection or it may appear several years after the infection has occurred.

The tuberculosis infection can be prevented by administering isoniazid (INH).

The use of INH is very simple. The pills must be taken once a day.

